CrossFit Léman Eaux Vives

HORAIRES - REPRISE DU 19 AVRIL 2021

Heure / Time	**Lundi** *Monday*	**Mardi** *Tuesday*	**Mercredi** *Wednesday*	**Jeudi** *Thursday*	**Vendredi** *Friday*	**Samedi** *Saturday*	**Dimanche** *Sunday*
6:30	CrossFit 1hr Cyrille	CrossFit 1hr Cyrille		CrossFit 1hr Cyrille			
7:00							
9:00							
9:30		CrossFit 1hr Cyrille		CrossFit 1hr Cyrille			
10:00						CrossFit 45min Anna	
11:00						CrossFit - Fitcamp 1hr Anna	
12:15	CrossFit 45min Cyrille	CrossFit 45min Cyrille	CrossFit - Fitcamp 1hr Cyrille	CrossFit 45min Cyrille	CrossFit 45min Cyrille		
13:15	Pilates 45min Cyrille						
14:00							
15:00							
16:00							
17:30	CrossFit 45min Cyrille		CrossFit 45min Cyrille		CrossFit 45min Cyrille		
18:30	CrossFit 45min Cyrille	CrossFit - Fitcamp 1hr Cyrille	CrossFit 45min Cyrille	CrossFit 45min Cyrille	CrossFit 45min Cyrille		
19:30	CrossFit 45min Cyrille	CrossFit 45min Cyrille	CrossFit 45min Cyrille	CrossFit 45min Cyrille	CrossFit 45min Cyrille		